



STUDY SKILLS CHECKLIST



Read each statement and consider how it applies to you. If it does apply to you, check Y. If it does not apply to you, check N. The purpose of this inventory is to find out about your own study habits and attitudes

1. ____ Y ____ N I spend too much time studying for what I am learning.
2. ____ Y ____ N I usually spend hours cramming the night before an exam.
3. ____ Y ____ N If I spend as much time on my social activities as I want to, I don't have enough time left to study, or when I study enough, I don't have time for a social life.
4. ____ Y ____ N My class notes are sometimes difficult to understand later.
5. ____ Y ____ N I usually seem to get the wrong material into my class notes.
6. ____ Y ____ N I go to class, but I usually doodle, daydream, or fall asleep.
7. ____ Y ____ N I study enough for my test, but when I get there my mind goes blank.
8. ____ Y ____ N When I get to the end of a chapter, I can't remember what I've just read.
9. ____ Y ____ N I lose a lot of points on essay tests even when I know the material.
10. ____ Y ____ N I often study in a haphazard, disorganized way under the threat of the next test.
11. ____ Y ____ N I usually study the night before a test.

If you have answered "yes" to two or more questions in any category, view the respective power point presentation or visit the tutorial lab to get information in the areas that you need (Act 101/Perkins Room 1175) and talk to the Tutorial Coordinator (610-359-5077).

Time Management – 1, 2, and 3
Note Taking – 4, 5, and 6
Memory – 7 and 8
Tests – 9, 10, and 11

* Adapted from "Early Success Program 20004" Robert Morris University Center for Student Success